



# 藥用蜂蜜敷料

## 之功效



淺層燒  
燙傷  
水泡  
破皮傷口



治療選擇一  
藥用蜂蜜



治療選擇二  
傳統方法



將992個案分  
蜂蜜及傳統2組  
追蹤4週

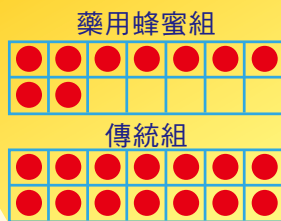
藥用蜂蜜用法

- 1 每次0.5-1小杯 (15-30mL)
- 2 均勻塗抹 0.5公分厚度
- 3 每2天換藥一次

傳統換藥方法

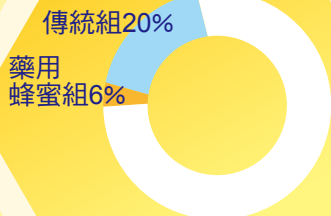
- 1 沖洗傷口
- 2 貼上敷料
- 3 濕了就換

傷口癒合天數



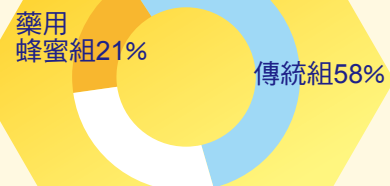
減少5天

疤痕



減少14%

傷口感染



減少37%

Jull AB, Cullum N, Dumville JC, Westby MJ, Deshpande S, Walker N. Honey as a topical treatment for wounds. Cochrane Database of Systematic Reviews 2015, Issue 3. Art. No.: CD005083. DOI: 10.1002/14651858.CD005083.pub4.