



Taiwan Health Promotion Administration

Always Takes Care of You

We address the vast majority of people's health needs throughout their lives.



Healthy Birth

We provide prenatal and children's preventive healthcare and advocate breastfeeding to build a good start for mother and infant-friendly environments.



Healthy Aging

We empower people to choose healthy and balanced diets, quit tobacco, betel quids and alcohol, and do regular physical activities.



Less Illness

We develop early detection, management and healthcare networks for chronic disease patients to access reliable and resilient primary healthcare.



Life with Dignity

We create age-friendly, dementia-friendly and compassionate communities to embrace active aging and prevent disability.

Healthy Birth

Comprehensive Care



10 prenatal and 1 ultrasound examinations

**pregnant
women**



Toll-free pregnant women care helpline
0800-870-870

Genetic services and follow-up care

**high-risk pregnant
women**



Health management pilot program for pregnant women

85 institutions authorized for assisted reproduction

**infertile
couples
and donors**

The “Assisted Reproduction Act” was enacted in 2007, to safeguard the rights of infertile couples, children conceived through assisted reproduction and donors.

We care about every child

The Ministry of Health and Welfare has established the Children’s Health Promotion Committee to promote policies for children’s health, physical and mental development.

Mother and infant- friendly environments

We promote certification of Baby-friendly Hospitals.

Exclusive breastfeeding rate in the first 6 months of life has increased to 46.2%.

7 children’s preventive healthcare services and various newborns screening services

**newborns to
children less
than 7 years
of age**



- 1 Screening for congenital metabolic disorders in newborns.
- 2 Hearing screening for newborns.
- 3 Joint evaluation services of children’s development.

● Adolescent Health Care

Healthy Development



Sex e-school website

Provide correct online sex knowledge, information and teaching materials.

Introduce a pilot implementation in 2018 for the certification of Adolescent-friendly Medical Institutions.

Provide national HPV vaccination program to 13-year-old girls



HPV vaccines have been proved to be safe and effective in preventing at least 70% of cervical cancer.

Vaccination is most effective for 9 to 14-year-old girls who have not yet become sexually active.



Tobacco control in schools

Cross-ministerial cooperation with local governments.



Inspection



Advocacy



Tobacco-free
campus



Smoking
cessation
education

● Maintain Healthy Physique Health Living Campaign ●

Balanced and healthy meals



Submitted draft of “Nutrition and Healthy Diet Promotion Act” to the Executive Yuan.



Establish Community Nutrition Promotion Centers nationwide to implement nutrition education.



Revise various national nutrition standards.
Design the “My Plate” balanced diet infographics.



Develop a nutrition and food texture handbook for senior citizens.
Use simple skills to promote nutritional concepts and behaviors.

Control BMI and waist circumference



School

Health Promoting Schools, healthy body weight, healthy fitness, and consultation for food suppliers around schools to provide healthy diets.



Workplace

Healthy Workplaces, regular exercise at the workplaces.



Community

Hiking trails, physical activity courses for community residents, training of seed instructors, and assessment tools for obesogenic environments.



Hospital

Healthy Hospitals, evidence-based obesity prevention guidance introduced in Healthy Hospitals certification.



Government

The Sports Development Committee established by the Executive Yuan; developing physical activity guidelines for different age groups and setting up resource integration centers.



Say No to Tobacco and Betel Quids!

My Health

My Responsibility

Tobacco and betel quid free environments



Promote smoke-free households and tobacco and betel quid free campus.
Designate smoke-free zones around schools under the level of senior high schools.



Promote Healthy Workplaces, assist betel quid hazards prevention for high-risk industries and provide smoking cessation consultation in the military.



Join Global Network for Tobacco Free Healthcare Service.

Oral cancer screening

Regular oral cancer screening for smokers and betel quid chewers.



Comprehensive and accessible smoke cessation services



Provide outpatient smoking cessation treatment.



Smoker's helpline
0800-636363



Provide smoking cessation courses and support from smoking cessation health educators.



Central and local governments work together to review and amend legislations

- 1 Tobacco and betel quid hazards prevention education in specific groups and workplaces.
- 2 Cross-ministerial cooperation and control of tobacco and betel quid hazards, such as cutting off the supply chain of new tobacco products, monitoring the conversion of abandoned betel quid plantations to other crops, and enforcing the betel quid cessation courses stipulated in Article 50-1 of "Waste Disposal Act".
- 3 The draft amendment of "Tobacco Hazards Prevention Act" to include the control of e-cigarette and new tobacco products.

● Care for Rare Diseases

Share the Love ●



Legislative protection of rare disease patients' rights

Promulgated the "Rare Disease and Orphan Drug Act" in 2000.

Build solid medical networks to assist rare disease patients with medical care and subsidize their daily nutritional supplements.



Medicine subsidy and review

Establish the "Review Committee for Rare Diseases and Orphan Drugs".

As of 2019, we had reviewed, certified and announced 223 rare diseases, listed 108 orphan drugs, their indications, and 40 special nutritional supplements.



National Health Insurance (NHI) program

Since September 2002, designated rare diseases have been included in the list of major injuries and illnesses entitled to special claims under the NHI program. The patients will be waived of copayment.



Medical networks



Establish logistics center for special nutritional supplements and drugs.



Provide medical subsidies for rare diseases not covered by NHI.



Commissioned 13 medical centers to provide psychological support and care consultation services.

Certify 14 genetic counseling centers to provide medical services.



Preventive Health Care Services

Early Detection and Treatment

Early detection through health screening and active creation of health-supportive environments



Regular adult preventive health care services and 4 cancer screening services

Around 1.8 million people have utilized adult preventive health services annually. More than 5 million people have utilized cancer screenings annually.

3,200 blood pressure measurement stations were established and advocacy information was disseminated through local communities.

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Shared care networks

Promote shared-care network for diabetes in 22 cities and counties.

In 2019, there are 269 health promoting institutions for diabetes and 196 for kidney ailment; 60 hospitals received certification for cancer care quality.

Incentives for clinics that provide pilot intervention services for chronic diseases to prevent disability. In 2019, there was an extension of 100 clinics to serve approximate 24,000 people.

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Hospice and palliative care

Significantly increased the utilization rate of hospice and palliative care of cancer patients to at least 60%.

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Integrate resources

Integrate public health care systems in local and central governments and medical services through national programs. Data analyzed and applied.



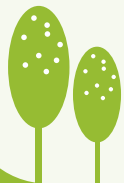
● Healthy Aging

Zero-distance Seniors Care Network

Since 1993, Taiwan has officially become an aging society. Our aging rate is the highest among all developed countries. It is estimated that by 2025, one out of five will reach 65 years old, thus making Taiwan a super-aged society.

Exercise to remain healthy

- In 2019, 17 cities and counties were subsidized for their Senior Health Promotion Courses in the communities. A total of 202 communities provided 889 sessions to serve around 13,000 elders.
- Sports and Life Handbook for the elderly was published to incorporate physical activities in their daily life.



Senior frailty prevention

- In 2019, 210,000 seniors underwent senior frailty assessment.
- Between 2017 and 2019, we offered training courses for instructors and assistants for the prevention and delay of frailty. 5,032 students completed the training courses.



● Neighborhood Alliance

● Healthy Environment

1 From schools to hospitals Comprehensive healthy environments

- Work with Ministry of Education to promote Health Promoting Schools and integrate health literacy to campus life and learning.
- Promote Healthy Workplaces and improve working environments with employers and employees.
- Promote Healthy Hospitals and ensure patient, staff, and community health through health promotion services.



2 Create age-friendly environments

In 2018, 20 cities and counties, 83 public health centers and 17 community units were subsidized to organize health promotion programs for the elderly in communities.

- Safety inspections were conducted for 2,824 households and environmental improvements were carried out for 1,689 households.
- More than 70,000 elders participated in classes on healthy diet, oral health and dementia prevention.



● One Day When We Grow Old Age-friendly Care for You ●

In 2017, we built upon Healthy Cities to promote age-friendly, dementia-friendly and compassionate community programs and build community partnerships for an autonomous, healthy and friendly society.

Age-friendly cities

Following the 8 domains for Global Age-friendly Cities as published by the World Health Organization, Taiwan is the first country in the world in which all cities and counties signed to promote Age-friendly Cities.



Age-friendly healthcare institutions

We encourage certification of age-friendly healthcare institutions, including hospitals, long-term care facilities and public health centers.

At the end of 2019, a total of 645 institutions were certified, including 207 hospitals, 358 public health centers, 1 clinic and 79 long-term care facilities.



Dementia-friendly network

- Promote 10 dementia-friendly communities and recruit additional 66,000 ambassadors and more than 5,000 organizations to form the community network.
- Establish Dementia-friendly Resource Integration Centers.

